



Vaccinations and Pregnancy

Vaccinations help protect you from harmful infections. But not all vaccinations are safe to get before or during pregnancy. If you're pregnant or thinking about getting pregnant, take this chart with you to your preconception and prenatal care checkups and ask your provider which vaccinations you need. Make sure your vaccinations are current **before** you get pregnant.

Routine (common) vaccinations	Can get before pregnancy	Can get during pregnancy
COVID-19	Yes	Yes
Flu shot	Yes	Yes, if you didn't get it before pregnancy
Hepatitis A	Maybe	Maybe
Hepatitis B	Maybe	Maybe
Hib (Haemophilus influenzae type b)	Maybe	Maybe
HPV (human papillomavirus)	Maybe, through age 45*	No
MMR (measles, mumps, rubella)	Maybe	No
Meningococcal	Maybe	Maybe
Pneumococcal	Maybe	Maybe
RSVpreF (Abrysvo) (Respiratory Syncytial Virus)	No	Yes, during 32–36 weeks of pregnancy
Td (tetanus and diphtheria)	Maybe	Maybe (better to get Tdap)
Tdap (tetanus, diphtheria, and pertussis)	Maybe (better to get during pregnancy)	Yes, during every pregnancy (if you don't get it during pregnancy, get it right after giving birth)
Varicella (chickenpox)	Maybe	No
Zoster (shingles)	No	No

*People ages 27 through 45 years may decide to get the HPV vaccine after talking with their health care provider.

LEARN MORE

MARCHOFDIMES.ORG/VACCINATIONS