

Vaccines and Pregnancy

Issue Brief

Key Points

Pregnant people are more likely to develop serious illness with flu and COVID-19.1

The CDC's Advisory Committee on Immunization Practices recommend the flu, Tdap, and COVID-19 vaccines for pregnant people.1

Tdap protects against whooping cough, which affects half of all babies one year or younger and can be life-threatening.2

Background

Maternal immunizations protect moms and babies from deadly infectious diseases. Since newborns are too young to receive vaccinations, maternal immunizations provide critical protection for them.²

Maternal and Infant Outcomes



Fever, a common symptom for any infectious disease, may result in neural tube defects, birth defects of brains or spine, or other adverse outcomes in developing babies.¹



Nearly 7 in 10 deaths from whooping cough are babies who are too young to receive a Tdap vaccine.2



Babies born to moms who receive Tdap vaccines while pregnant were 77.7% less likely to develop whooping cough.2



Data shows that vaccination during pregnancy can assist in protecting babies younger than 6 months from hospitalization due to flu and COVID-19.1



Racial, economic, and geographic disparities exist in the uptake of vaccines during pregnancy leaving the most vulnerable populations at risk.1

Policy Recommendations

Pregnant and lactating people need more safety and efficacy data on vaccines, more access to and receipt of vaccines, and improved implementation of vaccine programs.²

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