HEALTHY MOMS. STRONG BABIES.

Here’s how March of Dimes leads the fight for the health of all moms and babies:

**RESEARCH**
We fund and support research at our Prematurity Research Centers and in promising areas to find solutions and make lifesaving breakthroughs.

**ADVOCATE**
We fight for policies in the halls of government that prioritize the health of moms and babies.

**SUPPORT**
We comfort and assist moms and families throughout every stage of the pregnancy journey, even when things don’t go according to plan.

**EDUCATE**
We offer resources and programs that help moms before, during and after pregnancy and give medical professionals the tools and best practices they need.

**UNITE**
We bring together organizations and professionals from diverse backgrounds to identify and act on solutions to improve equity and preterm birth prevention.

**PARTNER**
We partner with community organizations and health care providers to ensure moms and families have access to programs and services that support healthy pregnancies.

---

**EACH YEAR IN VERMONT**

- **5,655** babies are born
- **425** babies are born prematurely
- **170** babies are born with a birth defect
- **20** babies die before their first birthday
- **5,000** women live in a maternity care desert
- **$22 MILLION** is the societal cost of preterm birth
In Vermont, March of Dimes is a champion for families, focusing on communities with the greatest need and fighting for the best possible care for all moms and babies.

**RESEARCH**

In 2018 March of Dimes invested nearly $20 million in research to understand, treat and prevent the serious health problems that threaten babies. This research improves the care of mothers and babies in Vermont, throughout the United States and across the globe. At our six Prematurity Research Centers teams of brilliant minds from a range of disciplines look for answers and share discoveries to transform our understanding of preterm birth, including causes and preventions. Learn more at marchofdimes.org/research.

**EDUCATE**

March of Dimes helps all women have healthy pregnancies and strong babies by providing the latest health information in English and Spanish on preconception, prenatal, postpartum and newborn care. We communicate this information through our websites, social media, and community and workplace programs.

**ADVOCATE**

March of Dimes is a powerful voice for the needs of pregnant women, infants, children and families in Vermont. In 2019 top March of Dimes priorities include advocating to prevent preterm birth, protect moms from dying from pregnancy-related causes, and address the impact of the opioids crisis on moms, babies and families.

**UNITE**

March of Dimes collaborates with numerous maternal and child health partners throughout Vermont. Our partners include: healthcare systems, providers, community-based organizations and coalitions. Together we work to improve the health of moms and babies.

**SUPPORT**

March of Dimes helps families when a pregnancy doesn't go according to plan. In 2018 we launched the My NICU Baby™ app, providing free, easy to use information for all NICU families. Through the online Share Your Story® site and Facebook mentoring program, we bring together families impacted by the biggest health threats to mom and baby.

**PARTNER**

March of Dimes provides maternal and child health expertise in communities throughout the state. We work with organizations and healthcare providers to ensure moms and families have access to programs and services that support healthy pregnancies, such as group prenatal care and interconception care.

**JOIN THE FIGHT**

Because of friends like you, we can provide programs, tools and support for all moms and babies.