HEALTHY MOMS. STRONG BABIES.

Here’s how March of Dimes leads the fight for the health of all moms and babies:

**RESEARCH**
We fund and support research at our Prematurity Research Centers and in promising areas to find solutions and make lifesaving breakthroughs.

**ADVOCATE**
We fight for policies in the halls of government that prioritize the health of moms and babies.

**SUPPORT**
We comfort and assist moms and families throughout every stage of the pregnancy journey, even when things don’t go according to plan.

**EDUCATE**
We offer resources and programs that help moms before, during and after pregnancy and give medical professionals the tools and best practices they need.

**UNITE**
We bring together organizations and professionals from diverse backgrounds to identify and act on solutions to improve equity and preterm birth prevention.

**PARTNER**
We partner with community organizations and health care providers to ensure moms and families have access to programs and services that support healthy pregnancies.

**EACH YEAR IN UTAH**

- 48,585 babies are born
- 4,588 babies are born prematurely
- 1,470 babies are born with a birth defect
- 274 babies die before their first birthday
- 15,000 women live in a maternity care desert
- $237 MILLION is the societal cost of preterm birth
In Utah, March of Dimes is a champion for families, focusing on communities with the greatest need and fighting for the best possible care for all moms and babies.

### RESEARCH

In 2018 March of Dimes invested nearly **$20 million** in research to understand, treat and prevent the serious health problems that threaten babies. This research improves the care of mothers and babies in Utah, throughout the United States and across the globe. At our six Prematurity Research Centers teams of brilliant minds from a range of disciplines look for answers and share discoveries to transform our understanding of preterm birth, including causes and preventions. Learn more at [marchofdimes.org/research](http://marchofdimes.org/research).

### EDUCATE

March of Dimes helps all women have healthy pregnancies and strong babies by providing the latest health information in English and Spanish on preconception, prenatal, postpartum and newborn care. We communicate this information through our websites, social media, and community and workplace programs.

### ADVOCATE

March of Dimes is a powerful voice for the needs of pregnant women, infants, children and families in Utah. In 2018 March of Dimes successfully advocated for family planning services for low-income women in the state’s Medicaid program and worked to unbundle these services to provide greater access for women of childbearing age. Utah advocates also successfully supported legislation establishing new licensing requirements for tobacco retailers and championed legislation that prohibits pregnancy discrimination in public places, permitting women to breastfeed in public.

### UNITE

March of Dimes has collaborated with the Utah Department of Health to convene trainings for clinics and health care systems on One Key Question®, a reproductive wellness program that improves preconception health and optimizes birth spacing.

### SUPPORT

March of Dimes helps families when a pregnancy doesn’t go according to plan. In 2018 we launched the My NICU Baby™ app, providing free, easy to use information for all NICU families. Through the online Share Your Story® site and Facebook mentoring program, we bring together families impacted by the biggest health threats to mom and baby.

### PARTNER

March of Dimes partners with Women Infants Children (WIC) clinics throughout Utah to provide trainings and resources on preterm birth interventions and information for their clients on achieving a healthy pregnancy. The intervention topics include birth spacing and progesterone shots (17P) for eligible women with history of a prior preterm birth.

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