HEALTHY MOMS. STRONG BABIES.

Here’s how March of Dimes leads the fight for the health of all moms and babies:

**RESEARCH**
We fund and support research at our Prematurity Research Centers and in promising areas to find solutions and make lifesaving breakthroughs.

**ADVOCATE**
We fight for policies in the halls of government that prioritize the health of moms and babies.

**SUPPORT**
We comfort and assist moms and families throughout every stage of the pregnancy journey, even when things don’t go according to plan.

**EDUCATE**
We offer resources and programs that help moms before, during and after pregnancy and give medical professionals the tools and best practices they need.

**UNITE**
We bring together organizations and professionals from diverse backgrounds to identify and act on solutions to improve equity and preterm birth prevention.

**PARTNER**
We partner with community organizations and health care providers to ensure moms and families have access to programs and services that support healthy pregnancies.

**EACH YEAR IN MINNESOTA**

- **68,595** babies are born
- **6,111** babies are born prematurely
- **2,070** babies are born with a birth defect
- **358** babies die before their first birthday
- **80,000** women live in a maternity care desert
- **$315 MILLION** is the societal cost of preterm birth
In Minnesota, March of Dimes is a champion for families, focusing on communities with the greatest need and fighting for the best possible care for all moms and babies.

**RESEARCH**

In 2018 March of Dimes invested nearly $20 million in research to understand, treat and prevent the serious health problems that threaten babies. This research improves the care of mothers and babies in Minnesota, throughout the United States and across the globe. At our six Prematurity Research Centers teams of brilliant minds from a range of disciplines look for answers and share discoveries to transform our understanding of preterm birth, including causes and preventions. Learn more at marchofdimes.org/research.

**EDUCATE**

March of Dimes helps all women have healthy pregnancies and strong babies by providing the latest health information in English and Spanish on preconception, prenatal, postpartum and newborn care. We communicate this information through our websites, social media, and community and workplace programs.

**ADVOCATE**

March of Dimes is a powerful voice for the needs of pregnant women, infants, children and families in Minnesota. In 2018 March of Dimes secured a legislative win by advocating for legislation to improve and strenghten the state’s Birth Defects Information System.

**UNITE**

March of Dimes is a supporting member of the Minnesota Perinatal Quality Collaborative (MPQC) to improve outcomes for moms and babies. The MPQC brings together experts from across Minnesota to create better outcomes through education, advocacy and policy development. In addition to state-level initiatives like the MPQC, March of Dimes supports efforts to improve health equity to improve the outcomes for every mom and baby.

**SUPPORT**

March of Dimes helps families when a pregnancy doesn’t go according to plan. In 2018 we launched the My NICU Baby™ app, providing free, easy to use information for all NICU families. Through the online Share Your Story® site and Facebook mentoring program, we bring together families impacted by the biggest health threats to mom and baby. We also educate families and staff and improve the NICU experience through our two NICU Family Support® programs operating in Minnesota hospitals and our Training Institute for health care professionals.

**PARTNER**

March of Dimes is partnering with indigenous communities across Minnesota to implement group prenatal care programs. This ‘gold standard’ of prenatal care improves outcomes for both moms and their babies by combining medical care with social support and educational opportunities. By partnering with home visiting programs, treatment facilities, and doula programs, March of Dimes reaches the most vulnerable women in Minnesota, ensuring that every baby has a healthy start.


**JOIN THE FIGHT**

Because of friends like you, we can provide programs, tools and support for all moms and babies.