



# HEALTHY MOMS. STRONG BABIES.

## Here's how March of Dimes leads the fight for the health of all moms and babies:

### RESEARCH

We fund and support research at our Prematurity Research Centers and in promising areas to find solutions and make lifesaving breakthroughs.

### EDUCATE

We offer resources and programs that help moms before, during and after pregnancy and give medical professionals the tools and best practices they need.

### ADVOCATE

We fight for policies in the halls of government that prioritize the health of moms and babies.

### UNITE

We bring together organizations and professionals from diverse backgrounds to identify and act on solutions to improve equity and preterm birth prevention.

### SUPPORT

We comfort and assist moms and families throughout every stage of the pregnancy journey, even when things don't go according to plan.

### PARTNER

We partner with community organizations and health care providers to ensure moms and families have access to programs and services that support healthy pregnancies.

## EACH YEAR IN INDIANA



**82,170**

babies are born



**8,087**

babies are born prematurely



**2,490**

babies are born with a birth defect



**614**

babies die before their first birthday



**210,000**

women live in a maternity care desert



**\$417 MILLION**

is the societal cost of preterm birth

# In Indiana, March of Dimes is a champion for families, focusing on communities with the greatest need and fighting for the best possible care for all moms and babies.

## RESEARCH

In 2018 March of Dimes invested nearly **\$20 million** in research to understand, treat and prevent the serious health problems that threaten babies. This research improves the care of mothers and babies in Indiana, throughout the United States and across the globe. At our **six Prematurity Research Centers** teams of brilliant minds from a range of disciplines look for answers and share discoveries to transform our understanding of preterm birth, including causes and preventions. Learn more at [marchofdimes.org/research](http://marchofdimes.org/research).

## ADVOCATE

March of Dimes is a powerful voice for the needs of pregnant women, infants, children and families in Indiana. In 2018 March of Dimes secured **three legislative wins** by successfully advocating to add Severe Combined Immunodeficiency Disorder (SCID) to the state's newborn screening panel, establish a maternal mortality review committee and create a state program to certify perinatal levels of care designations for licensed hospitals.

## SUPPORT

March of Dimes helps families when a pregnancy doesn't go according to plan. In 2018 we launched the My NICU Baby™ app, providing free, easy to use information for all NICU families. Through the online Share Your Story® site and Facebook mentoring program, we bring together families impacted by the biggest health threats to mom and baby. We also educate families and staff and improve the NICU experience through our NICU Family Support® program in **Indianapolis** and our Training Institute for health care professionals.

**SOURCES AND NOTES:** Births and preterm births—National Center for Health Statistics, final natality 2017. Preterm is less than 37 weeks gestation. Birth defects—Based on CDC estimate that 1 in 33 babies is born with one or more birth defect. Infant mortality—NCHS, infant mortality, 2016. Women living in maternity care desert—"Nowhere to Go", March of Dimes, 2018. Cost of preterm birth—Institute of Medicine report, 2007.

## EDUCATE

March of Dimes helps all women have healthy pregnancies and strong babies by providing the latest health information in English and Spanish on preconception, prenatal, postpartum and newborn care. In 2018 March of Dimes Indiana brought pediatricians and family physicians together in an IMPLICIT Interconception Care learning collaborative to share ways to provide better interconception care at well-child visits. March of Dimes also partners with Baby and Me-Tobacco Free® to train facilitators to implement smoking cessation program.

## UNITE

March of Dimes continues to serve on the leadership team of the Indiana Perinatal Quality Improvement Collaborative to ensure that quality improvements continue to be made in the care of moms and babies. In addition, March of Dimes is working to unite health care providers and their organizations to achieve collective action on the increasing rate of preterm birth and the unacceptable racial and ethnic disparities in the state.

## PARTNER

In 2018 March of Dimes Indiana partnered with several key stakeholders and community organizations to bring about systems change, including the Indiana State Department of Health, Indianapolis Healthy Babies Consortium, National Baby and Me-Tobacco Free® and Nurse-Family Partnership.

## JOIN THE FIGHT

Because of friends like you, we can provide programs, tools and support for all moms and babies.

JOIN US

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