



HEALTHY MOMS. STRONG BABIES.

Here's how March of Dimes leads the fight for the health of all moms and babies:

RESEARCH

We fund and support research at our Prematurity Research Centers and in promising areas to find solutions and make lifesaving breakthroughs.

EDUCATE

We offer resources and programs that help moms before, during and after pregnancy and give medical professionals the tools and best practices they need.

ADVOCATE

We fight for policies in the halls of government that prioritize the health of moms and babies.

UNITE

We bring together organizations and professionals from diverse backgrounds to identify and act on solutions to improve equity and preterm birth prevention.

SUPPORT

We comfort and assist moms and families throughout every stage of the pregnancy journey, even when things don't go according to plan.

PARTNER

We partner with community organizations and health care providers to ensure moms and families have access to programs and services that support healthy pregnancies.

EACH YEAR IN THE DISTRICT OF COLUMBIA



9,560

babies are born



1,016

babies are born prematurely



290

babies are born with a birth defect



71

babies die before their first birthday



\$52 MILLION

is the societal cost of preterm birth

In the District of Columbia, March of Dimes is a champion for families, focusing on communities with the greatest need and fighting for the best possible care for all moms and babies.

RESEARCH

In 2018 March of Dimes invested nearly **\$20 million** in research to understand, treat and prevent the serious health problems that threaten babies. This research improves the care of mothers and babies in the District of Columbia, throughout the United States and across the globe. At our **six Prematurity Research Centers** teams of brilliant minds from a range of disciplines look for answers and share discoveries to transform our understanding of preterm birth, including causes and preventions. Learn more at marchofdimes.org/research.

EDUCATE

March of Dimes helps all women have healthy pregnancies and strong babies by providing the latest health information in English and Spanish on preconception, prenatal, postpartum and newborn care. We communicate this information through our websites, social media and in partnership with community-based programs. In DC we partner with Mamatoto Village to train perinatal health workers to educate high-risk, underserved pregnant women. We also implement group prenatal care programs to educate women on maternal risk factors and provide clinical care.

ADVOCATE

March of Dimes is a powerful voice for the needs of pregnant women, infants, children and families in the District of Columbia. In 2019 top March of Dimes priorities include advocating to prevent preterm birth, protect moms from dying from pregnancy-related causes and address the impact of the opioids crisis on moms, babies and families.

UNITE

Working with our partners at Mamatoto Village, **150 high-risk, underserved pregnant women** in DC received quality care, ongoing support and education during their pregnancy and the first six months of their infant's life. **One hundred pregnant women** in Wards 5, 7 and 8 participated in group prenatal care at MedStar Washington Hospital Center and **100 pregnant women** participated in the Becoming a Mom® Curriculum offered by the Stork's Nest® at Unity Parkside Health Center.

SUPPORT

March of Dimes helps families when a pregnancy doesn't go according to plan. In 2018 we launched the My NICU Baby™ app, providing free, easy to use information for all NICU families. Through the online Share Your Story® site and Facebook mentoring program, we bring together families impacted by the biggest health threats to mom and baby. We also educate families and staff and improve the NICU experience through our NICU Family Support® program at Children's National Health System and our Training Institute for health care professionals.

PARTNER

In 2018 March of Dimes continued to enhance existing partnerships in the District of Columbia. These collaborations have resulted in the establishment of an infrastructure that will serve as the basis for a Perinatal Quality Improvement Collaborative (PQC). The goal of the PQC will be to implement evidence-based interventions designed to address the growing problem of maternal mortality and morbidity in the District as well as the inequities experienced by women of color.

SOURCES AND NOTES: Births and preterm births — National Center for Health Statistics, final natality 2017. Preterm is less than 37 weeks gestation. Birth defects — Based on CDC estimate that 1 in 33 babies is born with one or more birth defect. Infant mortality — NCHS, infant mortality, 2016. Cost of preterm birth — Institute of Medicine report, 2007

JOIN THE FIGHT

Because of friends like you, we can provide programs, tools and support for all moms and babies.

JOIN US

MARCHOFDIMES.ORG

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