GEORGIA

National data-driven objectives from Healthy People 2030 were set by the U.S. Department of Health and Human Services with the goal of improving health and well-being over the next decade. Several HP 2030 objectives are specific to the prevention of pregnancy complications and maternal death and improvements to women’s health before, during and after pregnancy.

The graphs below show where Georgia falls for each selected objective, including preterm birth, infant mortality, unhealthy weight before pregnancy and low-risk Cesarean birth. A star is displayed on the right of each individual component if the state has met the objective.

**HIGHEST U.S. RATE**

<table>
<thead>
<tr>
<th>Objective</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preterm birth (per 100 live births)</td>
<td>Less than 9.4</td>
</tr>
<tr>
<td>Infant mortality (per 1000 live births)</td>
<td>Less than 5.0</td>
</tr>
<tr>
<td>Unhealthy weight before pregnancy</td>
<td>Less than 52.9%</td>
</tr>
<tr>
<td>Low-risk Cesarean birth</td>
<td>Less than 23.6%</td>
</tr>
</tbody>
</table>

*HP 2030 objective measures “healthy weight before pregnancy”; unhealthy weight was used to better align with other measures.

Preterm birth is a birth with less than 37 completed weeks of gestation, based on obstetric estimate of gestational age. Infant mortality is death of an infant before 1 year of age. Low-risk Cesarean birth is a Cesarean birth when the baby is a single infant, positioned head-first, the mother is full-term (at least 37 weeks), and has not given birth prior. Unhealthy weight before pregnancy is a body mass index less than 18.5 or 30 and above.

**Source:** Department of Health and Human Services. [https://health.gov/healthypeople](https://health.gov/healthypeople). Preterm birth, unhealthy weight before pregnancy and low-risk Cesarean birth are from the National Center for Health Statistics, 2021 final natality data. Infant mortality is from the National Center for Health Statistics 2020 linked infant birth and death file.

**THE 2022 MARCH OF DIMES REPORT CARD: STARK AND UNACCEPTABLE DISPARITIES PERSIST ALONGSIDE A TROUBLING RISE IN PRETERM BIRTH RATES**

March of Dimes recommends state policy actions that are rooted in addressing disparities in maternal and infant health outcomes, see [www.marchofdimes.org/reportcard](http://www.marchofdimes.org/reportcard).


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Many structural, systemic and environmental factors influence the health of mothers and babies, especially for Black, Native American and Hispanic people. This page describes preterm birth by geographical location and other clinical measures by maternal race and ethnicity in Georgia using detailed race and ethnicity categories. By first understanding where differences exist, we can then move forward to advocate for changes towards health equity.

### Selected Outcomes in Georgia: Preterm Birth and Clinical Measures

#### Preterm Birth Rates by Counties

<table>
<thead>
<tr>
<th>County</th>
<th>Grade</th>
<th>Preterm Birth Rate</th>
<th>Change in Rate from Last Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chatham</td>
<td>F</td>
<td>14.0%</td>
<td>Worsened</td>
</tr>
<tr>
<td>Clayton</td>
<td>F</td>
<td>13.4%</td>
<td>Worsened</td>
</tr>
<tr>
<td>Cobb</td>
<td>D+</td>
<td>10.5%</td>
<td>Worsened</td>
</tr>
<tr>
<td>DeKalb</td>
<td>D</td>
<td>11.1%</td>
<td>Worsened</td>
</tr>
<tr>
<td>Fulton</td>
<td>F</td>
<td>11.9%</td>
<td>Worsened</td>
</tr>
<tr>
<td>Gwinnett</td>
<td>D+</td>
<td>10.5%</td>
<td>Worsened</td>
</tr>
</tbody>
</table>

#### Infant Mortality Rate by Race and Ethnicity

Per 1000 Live Births

- Black: 10.8%
- Hispanic: 5.4%
- White: 4.9%
- Asian/Pacific Islander: 4.2%

#### Low-Risk Cesarean Birth by Race and Ethnicity

Percent

- Black: 30.9%
- Asian/Pacific Islander: 30.0%
- American Indian/Alaska Native: 28.0%
- White: 27.6%
- Hispanic: 23.5%

#### Inadequate Prenatal Care by Race and Ethnicity

Percent of Live Births

- Hispanic: 22.8%
- American Indian/Alaska Native: 22.3%
- Black: 21.2%
- Asian/Pacific Islander: 14.0%
- White: 11.0%

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March of Dimes recommends state policy actions that are rooted in addressing disparities in maternal and infant health outcomes, see [www.marchofdimes.org/reportcard](http://www.marchofdimes.org/reportcard)

This data fact sheet describes the nuances of the racial and ethnic makeup of mothers in Georgia using detailed race and ethnicity categories. Information for live births and preterm births is presented to highlight groups who account for large proportions of live births and also experience an increased risk of premature birth.

**LIVE BIRTHS**
Percentage of Live Births by Mother’s Race and Ethnicity

- White: 43.3%
- Black: 33.8%
- Mexican: 8.9%
- Central/South American: 4.3%
- Other Asian: 2.5%
- More than one race: 2.2%
- Asian Indian: 1.9%
- Other Hispanic: 1.9%
- Puerto Rican: 1.2%
- Other Pacific Islander: 0.1%
- American Indian/Alaska Native: 0.1%

- There were 124,073 babies born in 2021.
- 43.3% of births were to White mothers. This accounted for the highest percentage of total live births in 2021.
- 0.1% of all live births were to American Indian/Alaska Native. This accounted for the lowest percentage of total live births in 2021.

**PRETERM BIRTHS**
Percentage of Live Births Born Preterm by Mother’s Race and Ethnicity

- Black: 14.8%
- Puerto Rican: 12.1%
- Other Hispanic: 11.5%
- More than one race: 11.1%
- Filipino: 10.5%
- White: 10.2%
- Other Asian: 9.7%
- Mexican: 9.5%
- Vietnamese: 9.4%
- Central/South American: 9.4%
- Asian Indian: 9.3%
- Other Pacific Islander: 9.3%
- Korean: 8.4%
- Chinese: 6.5%

- 14,740 babies were born preterm in 2021.
- Black had the highest preterm birth rate between the years 2019-2021.
- 1 in 8 babies were born too soon.
March of Dimes Georgia has developed a state agenda to dismantle racism, increase access to high quality healthcare, disrupt lifelong economic insecurity and build safe, connected communities. We secured a grant from the Healthcare Georgia Foundation to address racial inequities in healthcare.

March of Dimes Office of Government Affairs advocates for policy initiatives at a state level on a host of issues important to pregnant women, infants, children and families. In Georgia, our advocacy efforts have supported the state in expanding access to Medicaid, including extending coverage for moms after childbirth to 12 months and standardizing best practices and sustaining Maternal Mortality Review Committees (MMRCs). In Georgia, March of Dimes worked on four different bills related to the following priorities: extending postpartum coverage from six months to one year, $6.5 million to expand Georgia’s Evidence Based Home Visiting Program to an additional 23 at risk counties, Medicaid Reimbursement for Donor Breast Milk for VLB infants and Death Investigations, medical examiner’s inquiry when a pregnant female dies.

Anyone who wants to join in the fight for the health of all birthing people, babies and their families can support our Office of Government Affairs by becoming an advocate. Advocates advance our efforts through supporting our work to influence legislation, policy and regulation at the federal and state level. From extending postpartum Medicaid coverage in states across the country, to passing protections for pregnant workers to establishing Maternal Mental Health Advisory Committees, March of Dimes’ advocate efforts are making an impact.

Our Neonatal Intensive Care Unit (NICU) Initiatives empower, educate and support families through evidence-based programs and a variety of both online and in person resources. We provide support to families while babies are in the NICU and during their transition home. Our programs work with hospitals, NICUs and families in order to improve the NICU patient and family experience. In Georgia, March of Dimes partners with Memorial Health University Medical Center, Wellstar Atlanta Medical Center and Wellstar Cobb Hospital to carry out this work.

March of Dimes advocates for greater access to traditional and alternative models of prenatal care to improve health equity. Supportive Pregnancy Care (SPC) equips care providers with a group prenatal care framework designed to provide high-quality prenatal care, education and social support. In Georgia, March of Dimes partners with Obria Gwinnett Medical Center to provide this education to providers and staff.

Our Maternal and Child Health Collective Impact (CI) Initiative aims to reduce preterm birth and maternal mortality through programs that are data-based, prioritize communities and use an equity lens. The approach emphasizes collaboration, learning and discovery to inform activity design and planning, implementation and maintenance. In April for Black Maternal Health

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For details on data sources and calculations, see Technical Notes: https://bit.ly/ReportCardTechnicalNotes
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Month, the Atlanta MCH CI Initiative partnered with Goodr and The Center for Black Women’s Wellness to host The Goodr Pop-Up Grocery Market. Over 250 pregnant or postpartum women and families received produce and other necessities, like diapers, wipes and an oral health kit with a children’s book donated by the Georgia Department of Public Health.

March of Dimes has partnered with the Center for Black Women’s Wellness in Atlanta, Georgia to launch its Postpartum Pilot to provide postpartum education and peer support through a series of online sessions. The Postpartum Pilot program offers postpartum people free facilitated education, resource navigation and peer support opportunities through a series of group sessions.

March of Dimes has offered educational opportunities for healthcare professionals for more than 35 years. Through online and live training courses, we provide peer-reviewed, clinically relevant content for providers that empowers skill building and new knowledge at the cutting-edge of care. All training opportunities include continuing nursing education (CNE) credits, with continuing medical education (CME) and other specialties available upon request. These offerings help drive a culture of change in the delivery of care for moms and babies to help reduce maternal and infant mortality and morbidity and to close the health equity gap. Our Implicit Bias Training serves to galvanize movement to eliminate maternal and infant health care inequities. We believe everyone is entitled to the health care they need, no matter their identity. By directly addressing implicit bias in health care, we can ensure every mom and baby has access to the same level of care.

March of Dimes funds and supports research grants for translational and actionable projects across the country that lead directly to interventions or prevention for mom and baby health. The research goal is to turn observations in the laboratory, clinic and community into interventions, therapeutics and devices that improve the health of moms and babies with an eye towards characterizing disparities in key research areas. Our current research focuses on late, spontaneous preterm birth, racial inequities as they relate to morbidity and mortality outcomes for mothers and babies, cardiovascular health conditions developed or exacerbated during pregnancy and maternal stress, its impact on pregnancy outcomes and how to mitigate the effects.