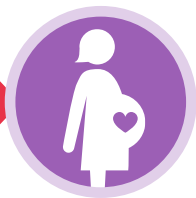


Zika virus and pregnancy

If you get Zika during pregnancy, you can **pass** it to your **baby**. It can cause a serious birth defect called **microcephaly**.



Pregnant woman icon designed by OCHA from FlatIcon

Protect yourself and your baby from Zika:

1 **Prevent** mosquito bites. Zika most often spreads through mosquitoes.



2 Don't have **unprotected sex** if your partner may be **infected** with Zika. If you do have sex, use a **condom**.



3 If you think you may have Zika, **tell your health care provider**.



More information:
marchofdimes.org/zika