

VACCINATIONS AND PREGNANCY

Vaccinations help protect you from harmful infections. But not all vaccinations are recommended before or during pregnancy. If you're pregnant or thinking about getting pregnant, take this chart with you to your preconception and prenatal care checkups and ask your provider which vaccinations you need. Make sure your vaccinations are current **before** you get pregnant.

Routine (common) vaccinations	Recommended before pregnancy	Recommended during pregnancy
Flu shot	Yes	Yes, if you didn't get it before pregnancy
Hepatitis A	Maybe	Maybe
Hepatitis B	Maybe	Maybe
Hib <small>(Haemophilus influenzae type b)</small>	Maybe	Maybe
HPV <small>(human papillomavirus)</small>	Maybe, through age 26	No
MMR <small>(measles, mumps, rubella)</small>	Maybe	No
Meningococcal	Maybe	Maybe
Pneumococcal	Maybe	Maybe
Td <small>(tetanus and diphtheria)</small>	Maybe	Maybe (better to get Tdap)
Tdap <small>(tetanus, diphtheria, and pertussis)</small>	Maybe (better to get during pregnancy)	Yes, during every pregnancy (if you don't get it during pregnancy, get it right after giving birth)
Varicella <small>(chickenpox)</small>	Maybe	No
Zoster <small>(shingles)</small>	No	No

LEARN MORE

[MARCHOFDIMES.ORG/VACCINATIONS](https://marchofdimes.org/vaccinations)

