November 8, 2017

Dear Senator:

We, the undersigned organizations write today to express our support of the Medical Expense Deduction and urge you to protect the deduction in any forthcoming tax reform legislation.

For the past 75 years, Americans with high health care costs have been able to deduct medical expenses from their taxes. For the approximately 8.8 million Americans who annually take this deduction, it provides important tax relief which helps offset the costs of acute and chronic medical conditions for older Americans, children, pregnant women and other adults as well as the costs associated with long term care and assisted living. Medical expenses that qualify for this deduction can include amounts paid for prevention, diagnosis, treatment, equipment, qualified long-term care services costs as well as long term care insurance premiums. Low and middle-income families and individuals with significant disabilities face a constant stream of deductibles and high co-pays, and also pay out-of-pocket for various services and devices that enable the individual to live a productive life in the community.

In addition, the medical expense deduction- with a threshold based on a percentage of income- is truly middle class tax relief. According to 2014 estimated IRS data:

- 6.3 million (69%) of those claiming the deduction reported income of $75,000 or less;
- 4.5 million (49%) of those claiming it reported income of $50,000 or less;
- 55% of all households claiming the deduction (almost 5 million taxpayers) had at least one member of the household age 65 or older; and
- At least 18% of all returns claiming the deduction had at least one member of the household who was age 50-64.

Even those with Medicare can spend a large portion of their income on out-of-pocket expenses. The average Medicare beneficiary spends about $5,680 out-of-pocket on medical care. Furthermore, older Americans and individuals with disabilities or chronic illnesses often face high costs for long term services and support, which are generally not covered by Medicare or private insurance, as well as hospitalizations and prescription drugs, which may have significant copayments. It should also be noted that the average annual cost of a private nursing home room is over $97,000. Tax relief in this area provides needed resources to Americans with high medical costs.

We thank you for the opportunity to share our views on this vital tax issue. We urge Congress to protect the Medical Expense Deduction and continue to support millions of middle class Americans with high health care costs. If you have any questions please contact Brendan Rose at 202-434-3922 or brose@aarp.org.

Sincerely,
Lakeshore Foundation
Leading Age
Leukemia & Lymphoma Society
Living Beyond Breast Cancer
Lupus Foundation of America
Lutheran Services in America
Lymphoma Research Foundation
The Michael J. Fox Foundation for Parkinson’s Research
March of Dimes
Medicare Rights Center
Muscular Dystrophy Association
National Academy of Elder Law Attorneys
National Adult Day Services Association
National Alliance on Mental Illness
National Association of ACOs
National Association of Councils on Developmental Disabilities
National Association of Nutrition and Aging Services Programs
National Association of State Head Injury Administrators
National Coalition for Cancer Survivorship
National Committee to Preserve Medicare and Social Security
National Council on Aging
National Council for Behavioral Health
National Disability Rights Network
National Multiple Sclerosis Society
National Respite Coalition
Paralyzed Veterans of America
Pioneer Network
The Susan G. Komen Breast Cancer Foundation
Triage Cancer
United Spinal Association
UsAgainstAlzheimer's
Well Spouse Association
ZERO - The End of Prostate Cancer