The Comprehensive Perinatal Services Program

CPSP

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What is it?

“Comprehensive Perinatal Services Program” means obstetrical, psychosocial, nutrition and health education services & related case coordination provided by or under the personal supervision of a physician during pregnancy for Medi-Cal eligible women from the date of conception through 60 days after the month of delivery.
Why is it important?

Better patient outcomes

- Low-income women and infants are at higher risk for problems r/t pregnancy and delivery, including low birth weight.
- Low birth weight infants = increased risk of death and permanent disability.
- Low birth weight infants = major costs to society.
Goals of the CPSP

• Improve the outcome of every pregnancy
• Decrease the incidence of low birth weight
• Give every baby a Healthy Start
• Lower health care cost by preventing catastrophic illness
Scope of CPSP services

- Orientation
- Case Coordination
- OB
- Psychosocial
- Health Education
- Nutrition
- Perinatal Education individual/groups
- Vitamin/mineral supplements
Role of the Perinatal Service Coordinator (PSC)

- Recruitment
- Consultation
- Technical assistance
- Verification
- Make final recommendations
- Development of Continuous Quality Improvement/Quality Assurance (CQI/QA) plans
What is New in CPSP

• Hospital delivery records required chart review during QA visits
  — Complications at birth
    • Postpartum care
    • Future pregnancies
  — Typewritten discharge summary or legible copy of delivery room record
    • Infant’s weight,
    • Apgar scores
    • Type of delivery
    • Complications.
What is New in CPSP

- Supervising physician has completed the Provider Oversight Addendum

- New CPSP application is now available on website

Steps to Take- Order or Print
What is New in CPSP
My Plate for Moms

Nutritional Plan for Moms – offers tips to eating well for healthy weight during and after pregnancy.

Questions & Answers

1. NO current Steps to Take (STT) training

2. Prenatal vitamins

3. CPSP covers 10 visits

1. Online @web-site link
   http://www.cdph.ca.gov/programs/CPSP/Pages/ProviderTrainingManuals.aspx

2. Only one unit (30 day supply) Medi-Cal Pharmacy: 916-552-9500

3. Medi-Cal Fee For Service (FFS) covers 10 OB visits per provider and does not cover more even with a TAR.
Protocols

a. Signature is required for protocols

b. Protocols > 5 years should be updated

c. Consultants are required

d. Provider must be able to identify Health Education, Nutrition and Psychosocial consultant on the application and what services each consultant does.
How does CPSP work in FQHCs & RHCs

TARs (Treatment Authorization Request) are not used in Federal Qualified Health Centers (FQHCs) or Rural Health Centers (RHCs)

• CPSP records must meet the same justification necessary to obtain a TAR.

• Visits are paid at a flat fee per visit
  • on-site
  • off-site
Reimbursement

• FQHCs and RHCs

CPSP visits in these delivery settings are paid at a flat fee per visit, for on-site and off-site services, as defined in their prospective payment system.
MediCal Managed Care (MMC)

- All required to ensure that pregnant enrollees have access to CPSP comparable services

- Must inform beneficiaries of childbearing age of the availability of comprehensive perinatal services and access as soon as pregnancy is determined

- Responsible to ensure that its contracted providers have appropriate credentials
Presumptive Eligibility (PE):

Medi-Cal program designed to provide immediate, temporary coverage for prenatal care to low-income pregnant women pending a formal Medi-Cal application.

For information contact:
Cynthia Cannon, Analyst at
cynthia.cannon@dhcs.ca.gov
or (800) 824-0088 or (916) 552-9499.
Medi-Cal: Website updated information
   – Providers
   – Patients
To access online or in-person training about billing, visit the
Medi-Cal Outreach & Education page.

For questions about billing, contact the Telephone Service Center (TSC) at
1-800-541-5555.
• **Contact** Medi-Cal Fiscal Intermediary for billing problems and questions.

• [Xerox (Medi-Cal Fiscal Intermediary)](mailto:Xerox@MediCalFiscalIntermediary.com)  
Xerox State Healthcare, LLC (Xerox)

• Telephone Service Center (TSC):  
1-800-541-5555
Key Elements of Electronic Health Record (EHR)

• PSC and Provider should evaluate the content and functionality of the EHR system

• Review the EHR content using an approved set of CPSP forms
Resources

• CPSP Website
  http://www.cdph.ca.gov/programs/CPSP/Pages/default.aspx

• Provider Handbook
Resources

• Steps To Take
http://www.cdph.ca.gov/programs/CPSP/ Documents/MO-CPSP-StepsToTake.pdf

• Medi-Cal Website
http://www.dhcs.ca.gov/Pages/default.aspx

• PSCs Directory
CPSP Perinatal Services Coordinators
Contact information

Ventura County Health Department (56)

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