## Zika virus and pregnancy

If you get Zika during pregnancy, you can pass it to your baby. It can cause a serious birth defect called microcephaly.



Protect yourself and your baby from Zika:

- 1 Prevent mosquito bites. Zika most often spreads through mosquitoes.
- Don't have unprotected sex if your partner may be infected with Zika. If you do have sex, use a condom.



If you think you may have Zika, tell your health care provider.



More information: marchofdimes.org/zika

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