

# Courageous Conversations: What can we do now?

## **Kimberly Gregory MD, MPH**

The Helping Hand of Los Angeles Mariam Jacobs Chair in Maternal Fetal Medicine  
Vice Chair Women's Healthcare Quality & Performance Improvement  
Division & Fellowship Director, Division Maternal Fetal Medicine  
Professor Department Obstetrics & Gynecology  
Cedars Sinai Medical Center



# Individual Level

Awareness re: what's ideal?

- Age
- Weight
- Birth spacing
- Chronic disease management
- Prevention/prophylaxis



SEE WHAT KISSING  
CAN LEAD TO?



# Health System

## ■ Provider Level



Good history  
Good listening  
Avoid minimizing/dx over the phone  
---See the patient  
Multidisciplinary and diverse staff

## ■ Hospital Level



Multidisciplinary, culturally diverse staff  
Access to appropriate specialists  
• Treat L&D like an ED  
Zero tolerance for incivility





# Government/Policy Level



- Improve/maintain access to care
- Improve/maintain access to contraception
- Avoid legislating medicine (or reactive policies without collaboration of medical providers)

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