

Courageous Conversations: What can we do now?

Kimberly Gregory MD, MPH

The Helping Hand of Los Angeles Mariam Jacobs Chair in Maternal Fetal Medicine

Vice Chair Women's Healthcare Quality & Performance Improvement

Division & Fellowship Director, Division Maternal Fetal Medicine

Professor Department Obstetrics & Gynecology

Cedars Sinai Medical Center



Individual Level

Awareness re: what's ideal?

- Age
- Weight
- Birth spacing
- Chronic disease management
- Prevention/prophylaxis



SEE WHAT KISSING
CAN LEAD TO?



Health System

■ Provider Level



Good history
Good listening
Avoid minimizing/dx over the phone
---See the patient
Multidisciplinary and diverse staff

■ Hospital Level



Multidisciplinary, culturally diverse staff
Access to appropriate specialists
• Treat L&D like an ED
Zero tolerance for incivility



■ Health Plan Level



Don't be so complicated
Better integration across sites and
Between providers/specialists
Coverage for prevention, important
Nonmedical, therapeutic services

- Community Level



1000 Acts of Kindness
Transportation, Babysit,
Tell your story, Listen,
Advocate/Vote!
See something, Say something



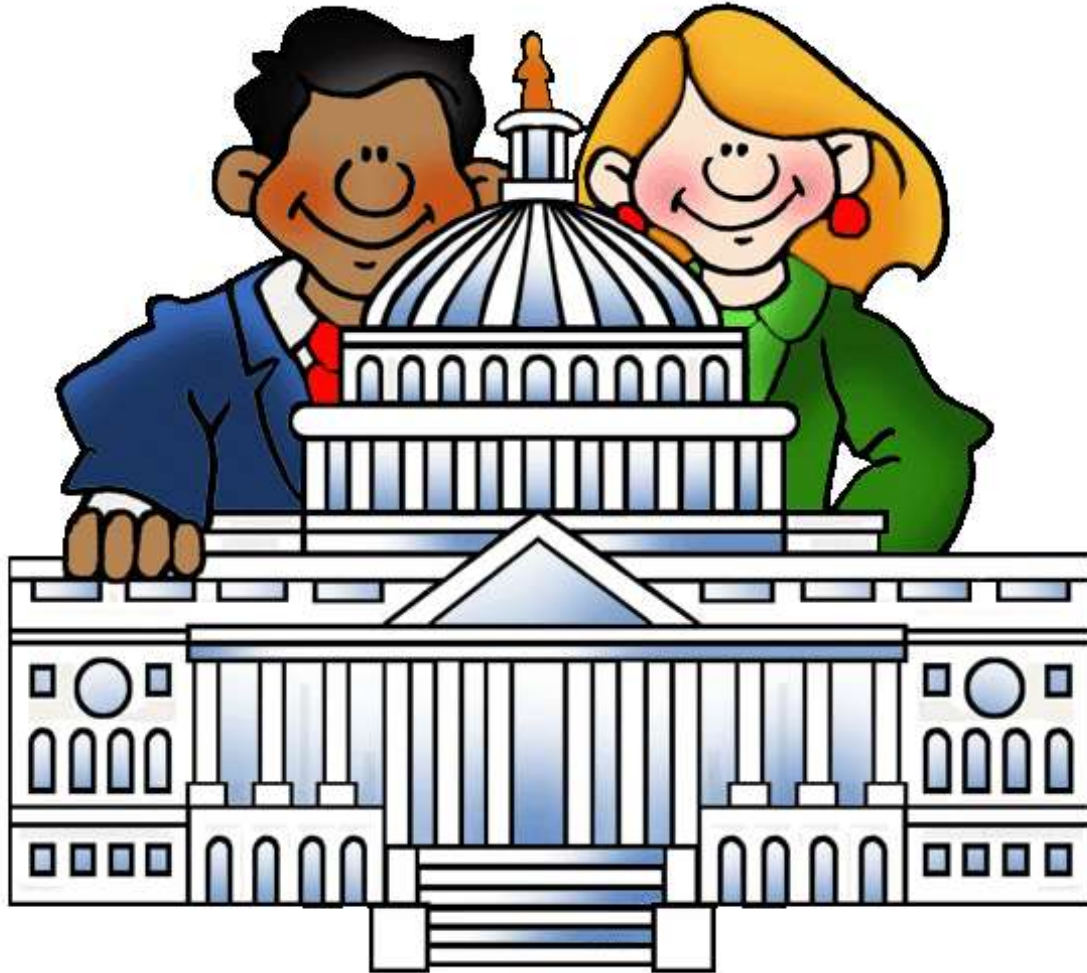
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Government/Policy Level



- Improve/maintain access to care
- Improve/maintain access to contraception
- Avoid legislating medicine (or reactive policies without collaboration of medical providers)

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