



Reducing Disparities, Achieving Equity

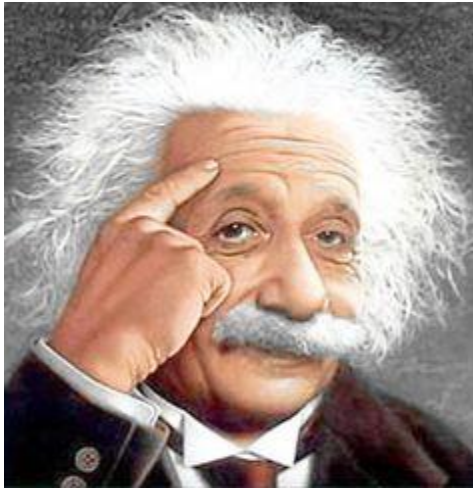
Prematurity Prevention 2016 Summit

“Healthy Women Healthy Future”

November 4, 2016

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Office of Minority and Health Equity

Introduction



“Insanity: doing the same thing over and over again and expecting different results”

Albert Einstein

“ The system is designed for the results it is getting. If you want different results, you will have to redesign the system”

Ezra Earl Jones

Disproportionality & Disparities



In Texas, babies born to black women are more than 2 times likely to die before their first birthday when compared to the their white and Hispanic counterparts.

BUT

Only 11% of all live births are black.

Prenatal Care: Past & Present



Life begins before.....

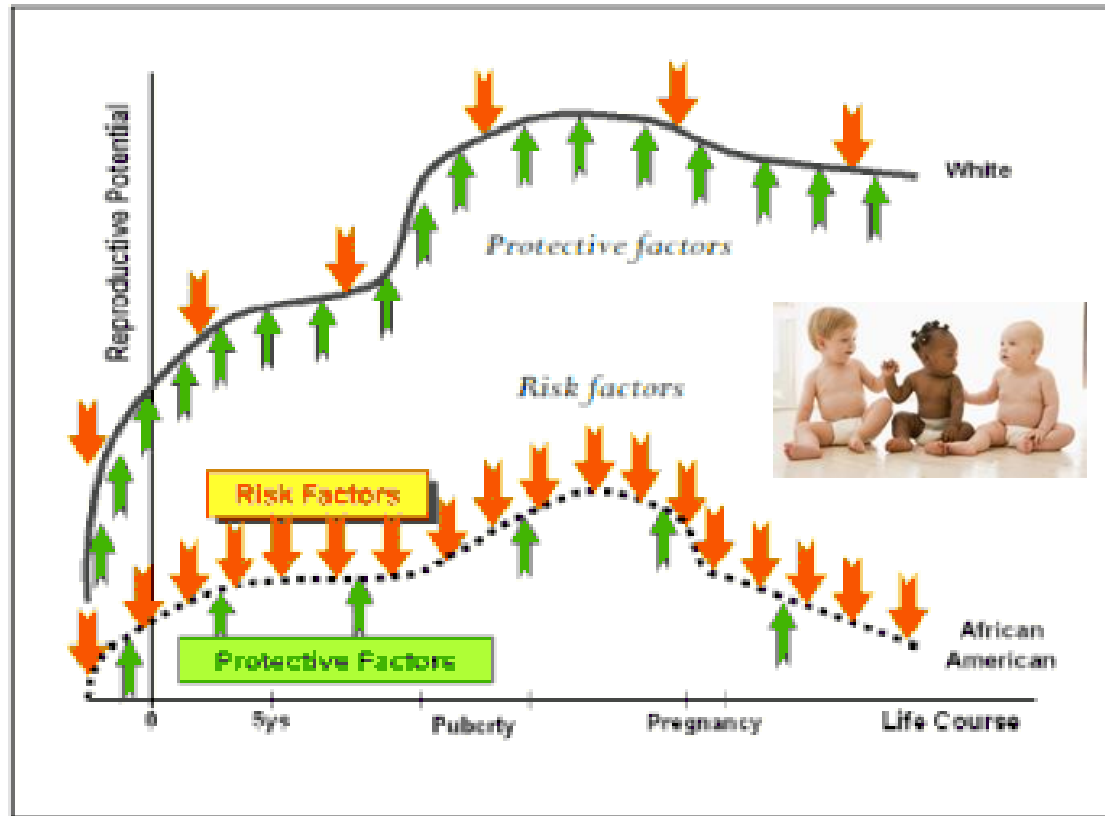


Prenatal Care.

LCP & Racial Disparities



Life Course Perspectives: Risk and Protective Factors influence on Health Outcomes



Examples: Risk & Protective Factors

Individual Level:

- ❖ Socioeconomic status
- ❖ Education
- ❖ Nutrition
- ❖ Disease status
- ❖ Stress
- ❖ Diet/Nutrition
- ❖ Physical activity
- ❖ Health behaviors
- ❖ Social cohesiveness
- ❖ Family history

System Level:

- ❖ Health coverage & quality of care
- ❖ Residential segregation
- ❖ Discrimination
- ❖ Built environment –e.g., transportation
- ❖ Public safety
- ❖ Family support services

Source: Michael C. Lu, MD, MPH and Neal Halfon, MD, MPH, "Racial and Ethnic Disparities in Birth Outcomes: A Life-Course Perspective," Maternal and Child Health Journal 7, no. 1 (March 2003): 13–30, <http://mchb.hrsa.gov/infantmortalitysummit/disparitieslifecourse.pdf>.

KEY



Risk factors - pushes down/impedes positive development
Protective factors - pushes up/allows positive development

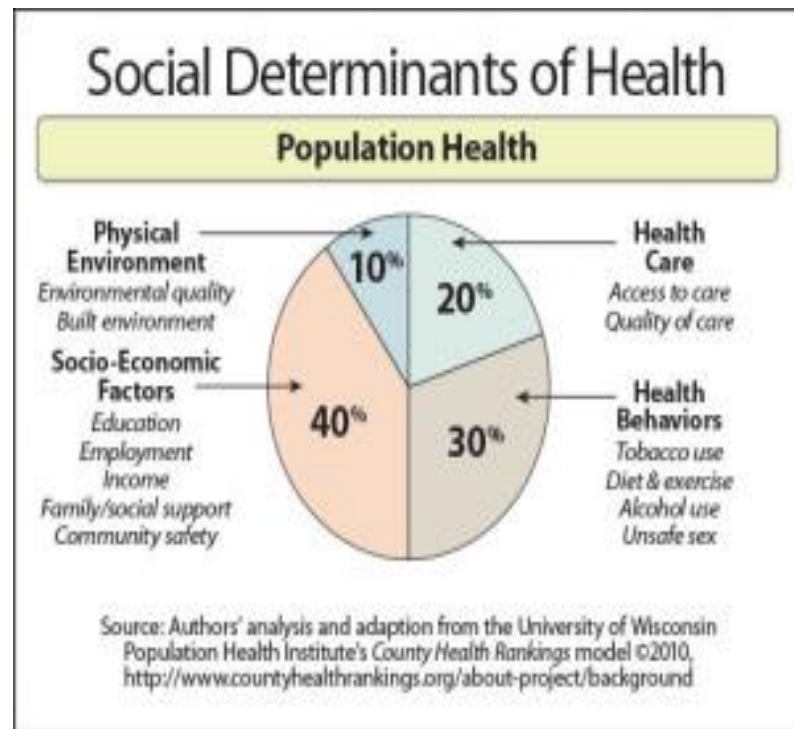
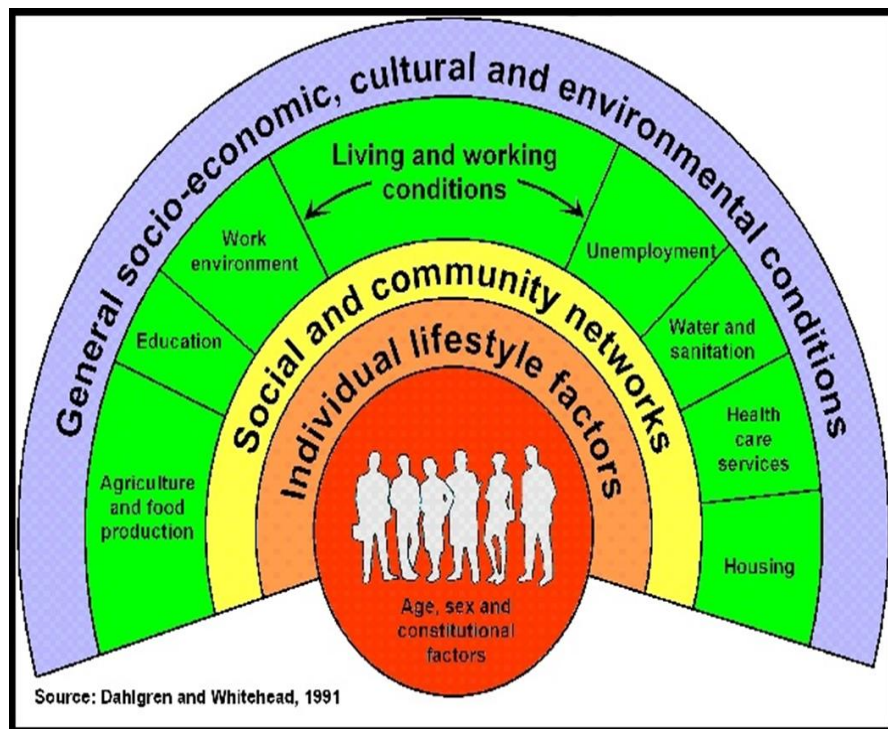
Social Determinants of Health



Term	Definition
Social Determinants of Health	Social determinants of health (SDOH) are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risk (HHS, Healthy People 2020, 2011).



Social Determinants of Health



Health behaviors only contribute 30% to the overall life trajectory of individuals.

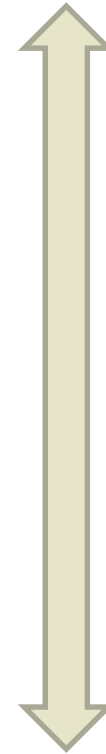
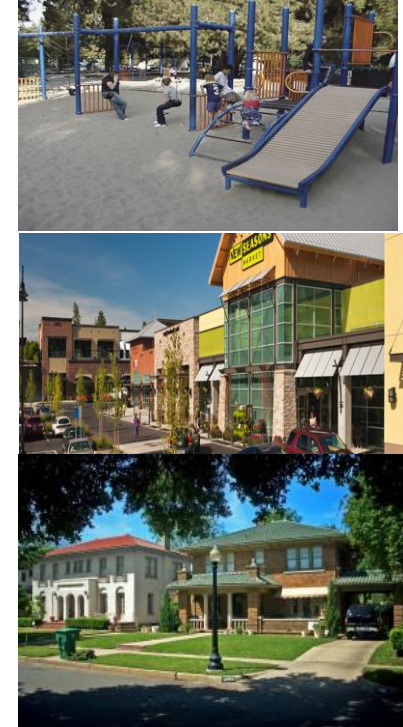
Place Matters



Your community is a good predictor of your health?



TourTexas.com
© 2005



Health Across the Life Course



Your health as an individual = Your health before conception affects your children's health at birth

Your Mother's/Father's Life, Health & Wellbeing

Your Life, Health & Wellbeing

Your Child's Life, Health & Wellbeing

The Life Course

Adapted from Oklahoma MCH: www.ok.gov

Health Across the Life Course



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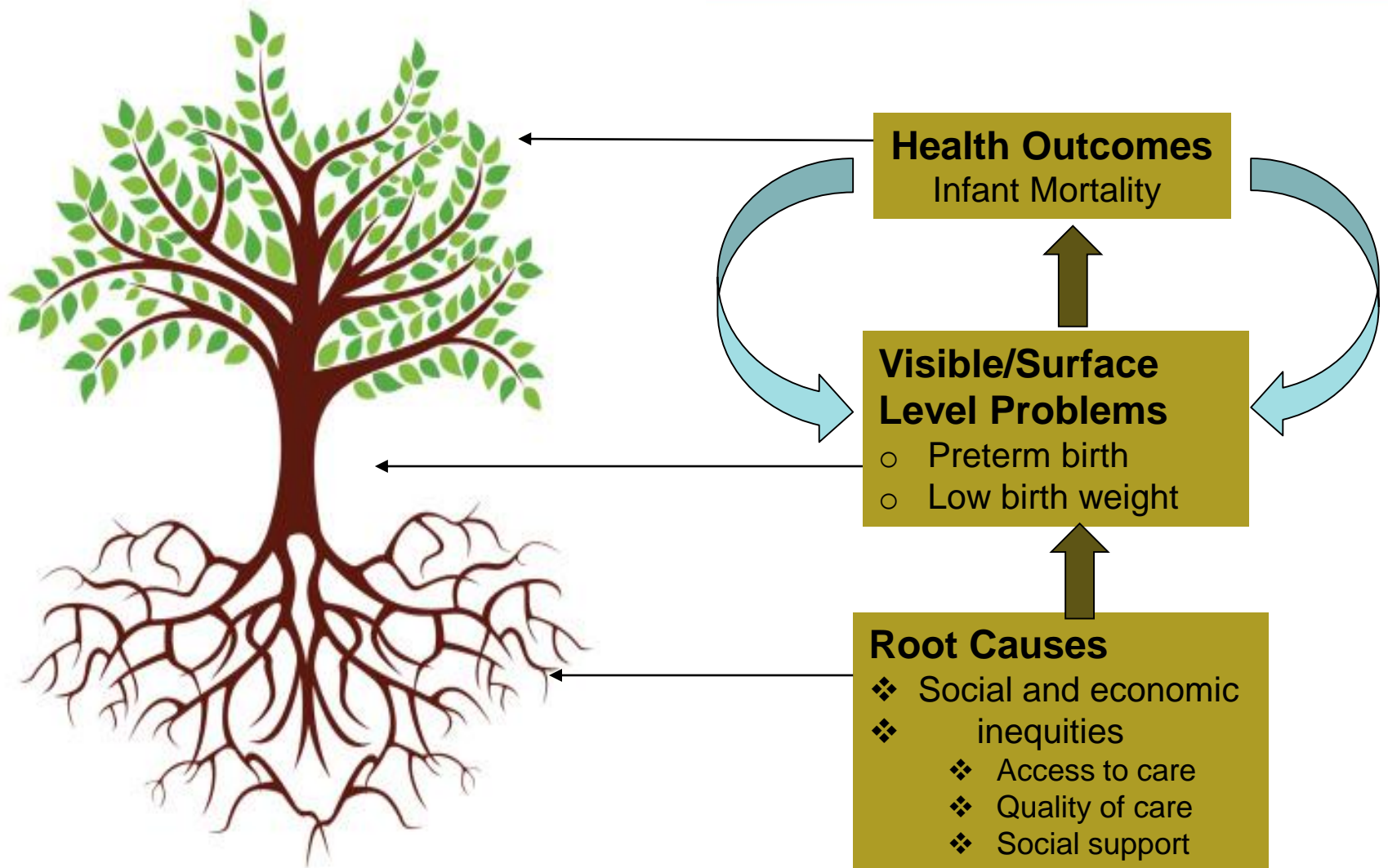
Life course Approach to Health:

- ❖ Explains how experiences in earlier life shape adult health
- ❖ Emphasizes the importance of all ages and stages of life
- ❖ Acknowledges the intergenerational context within which individuals exist
- ❖ Cumulative effects on later health may occur not only across an individual's life but also across generations
- ❖ Socio-economic conditions and other factors throughout the life course shape adult health and disease risk
- ❖ Socio-economic conditions and other factors can cause health-damaging exposures or health-enhancing opportunities
- ❖ Requires strategic interventions from multidisciplinary and collaborative approach to end a life course cycle of health disparities

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Closing the Disparity Gap

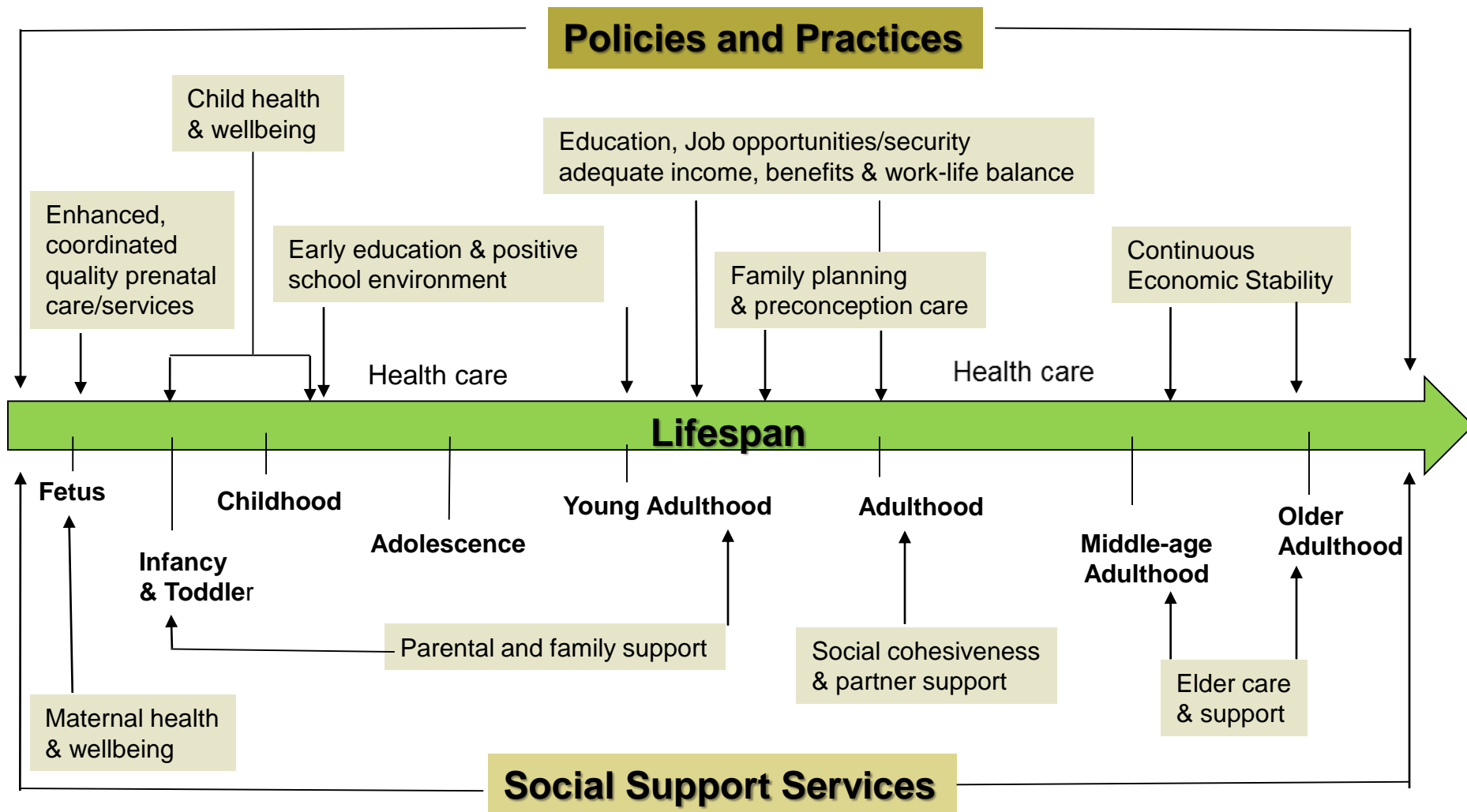


12-Point Plan



1. Provide interconception care to women with prior adverse pregnancy outcomes
2. Increase access to preconception care to African American women
3. Improve the quality of prenatal care
4. Expand healthcare access over the life course
5. Strengthen father involvement in African American families
6. Enhance coordination and integration of family support services
7. Create reproductive social capital in African American communities
8. Invest in community building and urban renewal
9. Close the education gap
10. Reduce poverty among African American families
11. Support working mothers and families
12. Undo racism

Reducing Racial Inequities Across the Lifespan



Equitable Solutions



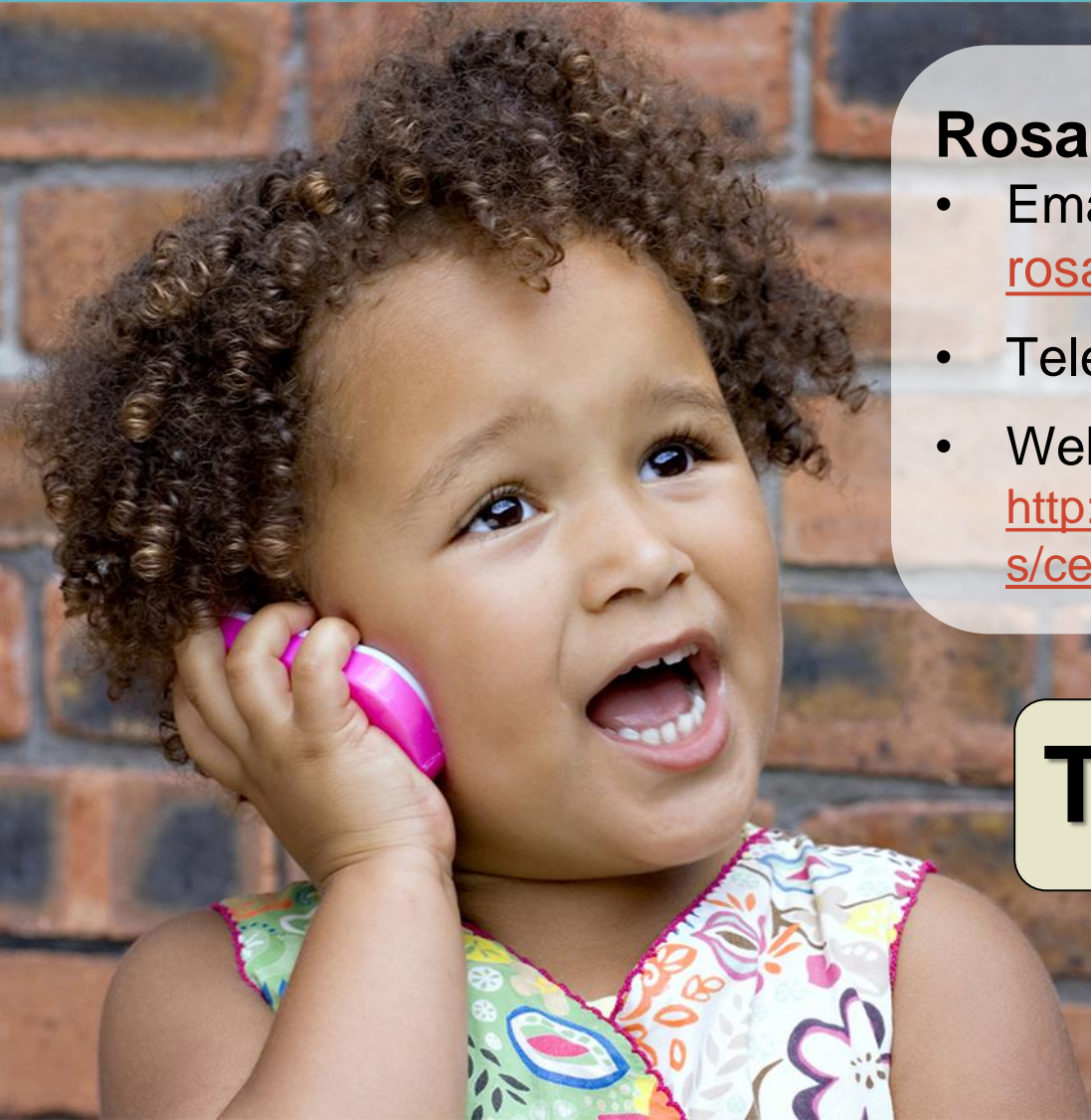
Framework for Equity	Possible Actions
Advance Data-Driven Strategies	<ul style="list-style-type: none"> • Collect and maintain accurate service delivery and outcome data by race and ethnicity. • Use outcome data to inform program and service delivery methods.
Develop Leaders	<ul style="list-style-type: none"> • Recruit, hire, and retain culturally diverse leadership and workforce. • Educate and train staff on equitable policies and practices on a ongoing basis.
Collaborate across Systems	<ul style="list-style-type: none"> • Coordinate services between organizations that serve the same clients. • Improve and increase communication between health care and social service providers.
Engage Communities	<ul style="list-style-type: none"> • Conduct regular assessment of community health needs and assets. • Partner with community to design, implement and evaluate services. • Increase awareness and access to resources and services currently available to the community.
Promote Work Defined by Equity Principles	<ul style="list-style-type: none"> • Establish equitable and culturally appropriate goals, policies, and management accountability. • Infuse race equity principles in program planning and operation. • Implement services that respond to the cultural needs of clients
Evaluate and Transform	<ul style="list-style-type: none"> • Integrate equity measures in program assessment measurements and continuous quality improvement activities • Evaluate current policies and practices for effectiveness and equity. • Conduct ongoing assessment of program and made needed adjustments.

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Questions & Answers



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Thank you !!