

Greetings {FIRST\_NAME},

Spring 2008



## May is Stroke Recovery Awareness Month

In 2007, March of Dimes Canada was thrilled to welcome legendary Canadian wrestler Bret Hart as spokesperson of its Stroke Recovery Canada™ program. We had a Q and

A with Bret 'the Hitman' Hart and it can be read below. March of Dimes has been very busy putting together fun, fantastic and delicious special events!

### The Bret Hart Story

Legendary Canadian wrestler Bret Hart answers some questions about his battle with Stroke and his recovery process.

[read more >>](#)

This week be sure to attend our [Rock For Kids](#) Toronto Battle of the Bands on May 7th and 8th if you're in the neighborhood.

Please join us this week for our [Survive & Thrive Summits](#) hosted by Stroke Recovery Canada.

March of Dimes is hosting two of its most successful [golf classics in London](#) on Monday, May 26th and [Niagara](#) on Wednesday, May 28th.

If you are in market for a motorcycle take advantage of the [BMW Test Rides](#) all across Ontario from May 21st – May 31st.

And what is summer without throwing burgers on the grill? Come to the biggest barbecue in the city for the [TD Challenge Barbecue](#) on Thursday, June 19th. TD Bank employees vie for the rights to the most burgers sold!

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- Caitlin Bovee, 25 year old stroke survivor
- Writing a Will and Estate Planning

### Donate Now!

Donate to March of Dimes Canada online.

It's safe, secure, and easy!

Give generously, and together, we can make this a society inclusive of people with physical disabilities.

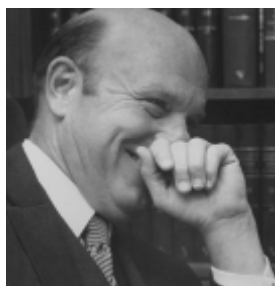
On July 5th Kingston will play host to the [Sky's the Limit Festival](#) featuring the RCMP Musical Ride. There will be two shows on Saturday at 2:00pm and 7:00pm.

For more information on sponsorship, registration or other information please contact Tracie Napoli – Manager, Special Events & Volunteer Development at [tnapoli@marchofdimes.ca](mailto:tnapoli@marchofdimes.ca) or (416) 425-3463 ext. 7290

## **In This Issue**

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### **Who Am I To Judge?**



The Honourable Justice George Ferguson has published his memoirs, reflecting on his Toronto upbringing, his years recovering from the devastating effects of polio...

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### **A Stroke Survivor Talks About Monthly Giving**



In 1993, my life came to an abrupt halt when I suffered a stroke. I was only 42. I was in a coma or two weeks. The months and years that followed were incredibly difficult...

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## Caitlin Bovee, a 25 year old, Stroke Survivor



My stroke happened in my 25th year in early May 2006. I have systemic lupus erythematosus. I was diagnosed when I was 15...

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## Writing a Will and Estate Planning



Colleen Bradley talks about why you need a Will and why estate planning is so important.

[read more >>](#)

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